

WEBINAR



PROJECT AIR
A PERSONALITY DISORDERS STRATEGY

mhpn
Mental Health Professionals' Network



Supporting resources

Webinar: Personality Disorders and Substance Use: Tips on Effective Treatment Approaches

Project Air Strategy for Personality Disorders website:

- Project Air - Drug and Alcohol Factsheet:
www.projectairstrategy.org/content/groups/public/@web/@ihmri/documents/doc/uow172482.pdf
- Project Air - Managing Anger Factsheet:
www.projectairstrategy.org/content/groups/public/@web/@ihmri/documents/doc/uow124088.pdf
- Project Air - What are Personality Disorders:
www.projectairstrategy.org/content/groups/public/@web/@project-air/documents/doc/uow243932.pdf
- Project Air - Treatment of Personality Disorders Guidelines:
www.projectairstrategy.org/guidelines/index.html
- Project Air - Personality Disorder Treatment and Trauma video:
www.youtube.com/watch?v=n6_rb3J1Dag
- Personality Disorder and Comorbidity:
www.researchgate.net/profile/Geoffrey_Reed/publication/272750417_Classification_assessment_prevalence_and_effect_of_personality_disorder/links/59e1d5b7aca2724cbfdcd6/Classification-assessment-prevalence-and-effect-of-personality-disorder.pdf

Publications:

- Dimaggio, G., D'Urzo M., Pasinetti M., Salvatore, G., Lysaker, P.H., Catania, D. & Popolo, R. (2015). "Metacognitive Interpersonal Therapy for Co-Occurrent Avoidant Personality Disorder and Substance Abuse." *Journal of Clinical Psychology: In Session 7*: 157–66.
- Livesley, W.J., Dimaggio, G., & Clarkin, J.F. (Eds.) (2016). *Integrated Treatment for Personality Disorder: A Modular Approach*. New York: Guilford Press.



Online resources and journals:

- Castillo, H., Ramon, S. & Morant, N (2012). "A Recovery Journey for People with Personality Disorder." *International Journal of Social Psychiatry*.
Available for download from:
<http://personalitydisorder.org.uk/wp-content/uploads/2015/06/Castillo-2012.pdf>
- Comorbidity Guidelines:
<https://comorbidityguidelines.org.au/guidelines/>
- Drug and Alcohol Withdrawal Clinical Practice Guidelines – NSW.
Available for download:
http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/GL2008_011.pdf
- Recovery Resources for BPD:
www.borderlinepersonalitydisorder.com/consumer-recovery-resources/
- Ng., Y. Y. F., Bourke, M. & Grenyer, B (2016). "Recovery from Borderline Personality Disorder: A Systemic Review of the Perspectives of Consumers, Clinicians, Family and Carers" *PLOS ONE*.
Available for download from:
<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0160515>
- Substance Abuse and Mental Health Services Administration:
<https://www.samhsa.gov>

