

Prostate Cancer – effects on mental health after surgery

Further reading:

- **Early urinary continence recovery after robot-assisted radical prostatectomy in older Australian men.** MY Basto, C, Vidyasagar, L. Maryelde, H. Freeborn, E. Birch, A. Landau, DG Murphy, DA Moon, BJUI, 2014 available at <https://www.ncbi.nlm.nih.gov/pubmed/24825396>
- **The impact of prostate cancer on partners: a qualitative exploration.** *Psycho-Oncology*. AC Wooten, JM Abbott, D Osborne, D Austin, BW Klein, AJ Costello, DG Murphy. 2014 available at <https://www.ncbi.nlm.nih.gov/pubmed/24764291>

Tools & Guidelines for professionals

- **Clinical guidance for responding to suffering in adults with cancer.** JUNE 2014. Incorporates published evidence to February 2013. Cancer Australia. http://guidelines.canceraustralia.gov.au/guidelines/guideline_22.pdf
- **Clinical Practice Guidelines for the Psychosocial Care of Adults with Cancer.** NCCI & NBCC Australia, 2003 <http://onlinelibrary.wiley.com/doi/10.1002/pon.3920/full>
- **Guidelines for preventive activities in general practice** 9th edition, 9.1 Prostate cancer available at <https://www.racgp.org.au/your-practice/guidelines/redbook/9-early-detection-of-cancers/91-prostate-cancer/>
- **International psycho-oncology society (IPOS)** - up to date psycho-oncology curriculum and info re upcoming conferences. <http://ipos-society.org/multilingual-core-curriculum-in-psycho-oncology/>

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- Recommendations for the identification and management of fear of cancer recurrence in adult cancer survivors. JUNE 2014. Incorporates published evidence to May 2012.
http://guidelines.canceraustralia.gov.au/guidelines/fear_of_recurrence/cho1.php
- Suzanne K Chambers, Jeff Dunn, Mark Lazenby, Samantha Clutton, Robert U Newton, Prue Cormie, Anthony Lowe, David Sandoe, RA (Frank) Gardiner. ProCare: *A psychological care model for men with prostate cancer*. 2013. Prostate Cancer Foundation of Australia and Griffith University, Australia. Available at
http://www.prostate.org.au/media/195765/proscare_monograph_final_2013.pdf

Websites & Reading

- Australian Cancer Survivorship Centre at www.petermac.org/cancersurvivorship
- Australian Prostate Cancer Research at <https://www.prostatecancerresearch.org.au/>
- Cancer Australia <https://prostate-cancer.canceraustralia.gov.au/>
- Facing the Tiger by Suzanne Chambers. Practical tips for coping using real examples of men & couples navigating prostate cancer challenges
- International psycho-oncology society (IPOS) - up to date psycho-oncology curriculum and info re upcoming conferences. <http://ipos-society.org/multilingual-core-curriculum-in-psycho-oncology/>
- Podcasts - Julie Macrossan talking to local experts about cancer. <https://www.cancercouncil.com.au/podcasts/>
- Prostate Cancer Foundation of Australia <http://www.prostate.org.au/>

Websites for community

- Should I have prostate cancer screening? Available at <https://www.racgp.org.au/download/Documents/Guidelines/prostate-cancer-screening-infosheetpdf.pdf>