

## Webinar 37

# Working alongside Aboriginal and Torres Strait Islander children in out-of-home care through a culturally safe framework

7:15 pm to 8:30 pm AEST  
Wednesday 17th April 2024

---

**Emerging  
Minds.**

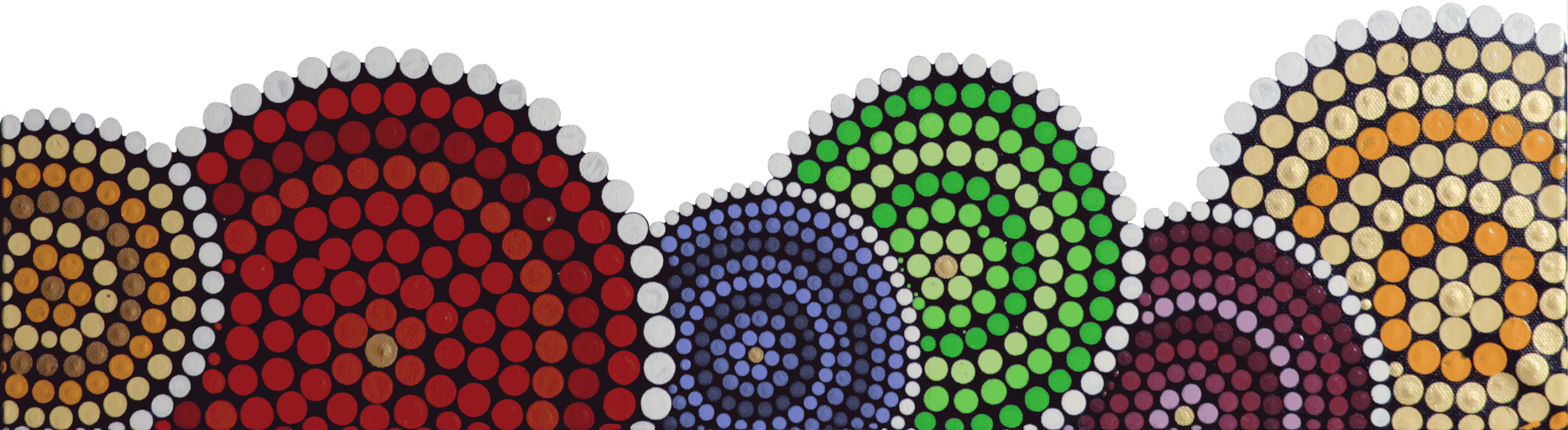
**National Workforce  
Centre for Child  
Mental Health**



# Acknowledgement

National Workforce Centre  
for Child Mental Health

We recognise and pay respect to Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the Lands we work, play, and walk on throughout this Country. We acknowledge and respect their Traditional connections to their Land and Waters, culture, spirituality, family, and community for the wellbeing of all Aboriginal and Torres Strait Islander children and their families.





# Welcome to Series Six

This is the fifth webinar in the sixth series on infant and child mental health, presented by Emerging Minds and the Mental Health Professionals' Network.

Upcoming webinar topics will include:

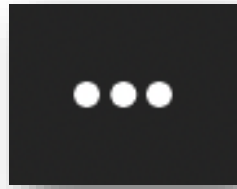
- Practice strategies for children; bullying behaviour (June, 2024)

Subscribe to receive your invitation:

[www.emergingminds.com.au/Subscribe](http://www.emergingminds.com.au/Subscribe) OR sign up to the MHPN Portal

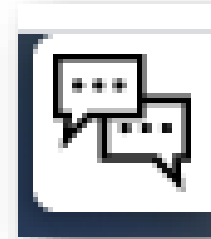
# How to use the platform

To interact with the webinar platform and to access resources, select the following options:



**Options:** Click on this button to access Web-player features such as:

- 'Information' – access the webinar resources
- 'Ask a Question'- submit a question to the panel
- 'Live Webcast Support' – seek technical assistance



**Chat:** To open the audience chat box, click on this icon located in the top right hand side corner of your screen.

# Learning outcomes

At the webinar's completion, participants will be able to:

- Develop an understanding of the critical importance of cultural identity for Aboriginal and Torres Strait Islander children in out-of-home care.
- Identify how to implement culturally safe strategies to support children's mental health and wellbeing based on the domains of social and emotional well-being.
- Improve how your communication strategies align with Aboriginal and Torres Strait Islander ways of being, knowing and doing.
- Discuss how to develop a collaborative team to support identity 'storying' for Aboriginal and Torres Strait Islander children in out-of-home care and identify who needs to be involved.

# Tonight's panel



**Candice Butler**  
Child Protection, QLD



**Dan Mitchell**  
CEO Aboriginal Family  
Support Services, SA



**Lana Draper**  
Occupational Therapist,  
NSW



**Debbie Haynes**  
Clinical Psychologist  
Registrar, NSW

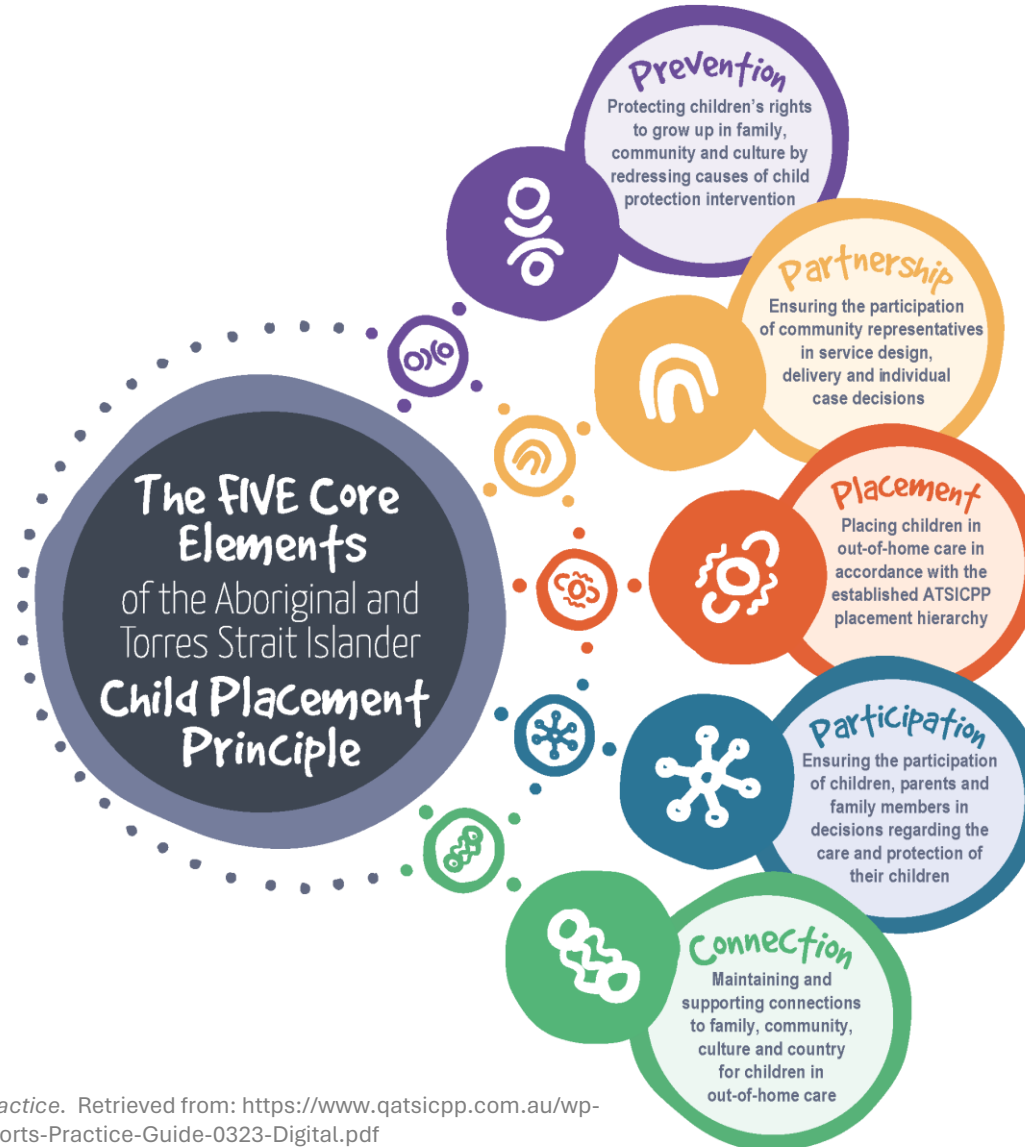


**Facilitator:**  
**Dana Shen**  
Aboriginal Cultural  
Consultant, SA

# The Child Protection perspective



Candice Butler



# The Child Protection perspective



Candice Butler

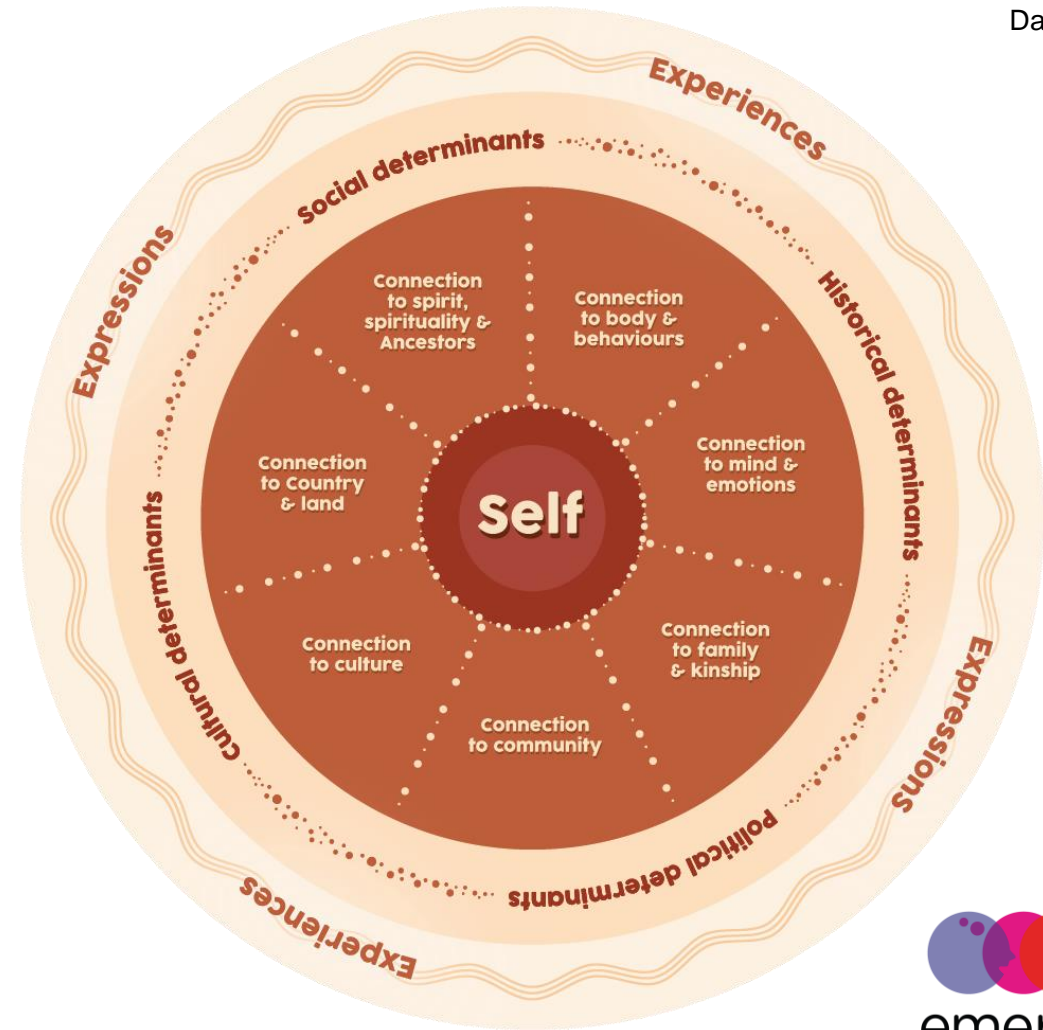




# The Family Support Services' perspective



Dan Mitchell



SEWB Diagram adapted from Gee et al., (2014)

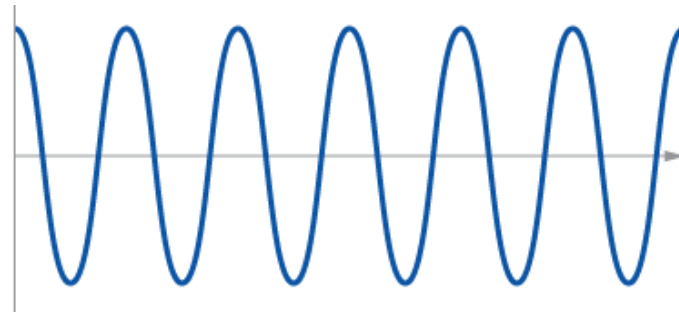
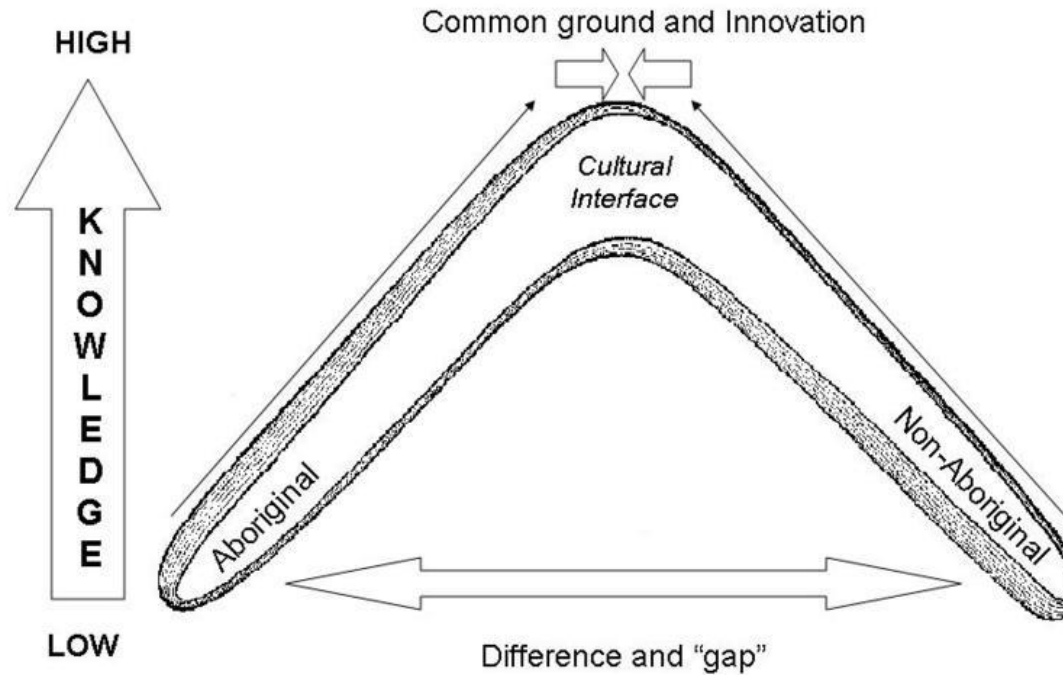


# The Occupational Therapist's perspective



Lana Draper

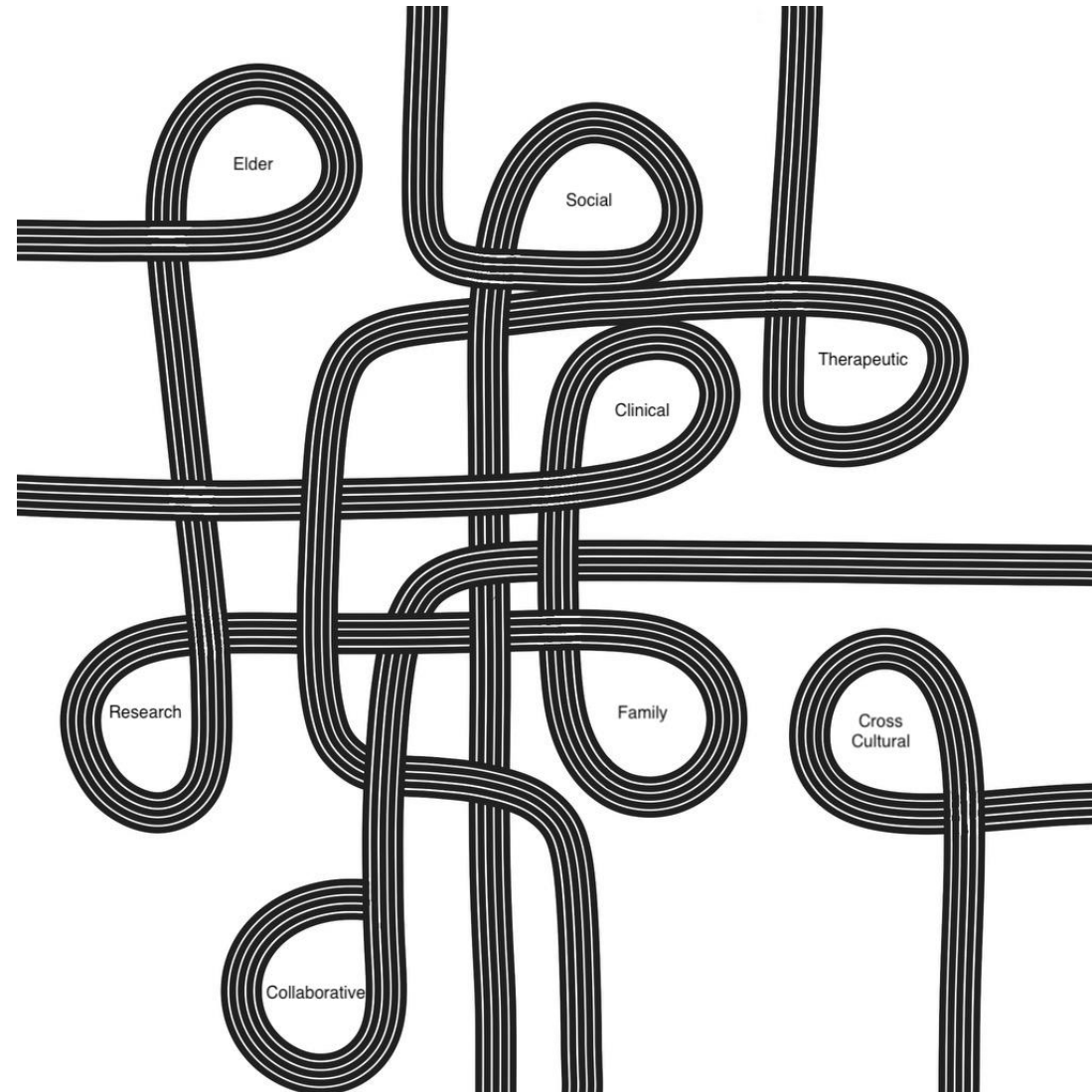
## Yarning



# The Occupational Therapist's perspective



Lana Draper



Sources: Bessarab et al. 2010; Walker et al. 2014;  
Lin et al., 2016; Kennedy et al., 2024



# The Occupational Therapist's perspective

## Yarning Principles



Lana Draper

### RECIPROCITY

SHARED KNOWLEDGE HOLDERS  
CREATES BALANCE IN POWER DYNAMICS



### RESPECT

PROCESS, PEOPLE AND DIFFERENCES  
UNDERSTAND YOUR BIAS AND HOW THAT IMPACTS YOUR DECISIONS

### RELATIONALITY

HOW DO YOU FIT IN THEIR WORLDVIEW  
YOUR RELATIONSHIPS WITH PEOPLE AND NATURAL WORLD



### ACCOUNTABILITY

WHO ARE YOU RESPONSIBLE TO IN COMMUNITY  
WHAT RELATIONSHIPS KEEP YOU AUTHENTIC





# The Occupational Therapist's perspective

Knowing, doing, being

*Yarrkalpa (Hunting Ground)*  
Martumili Artists



Lana Draper





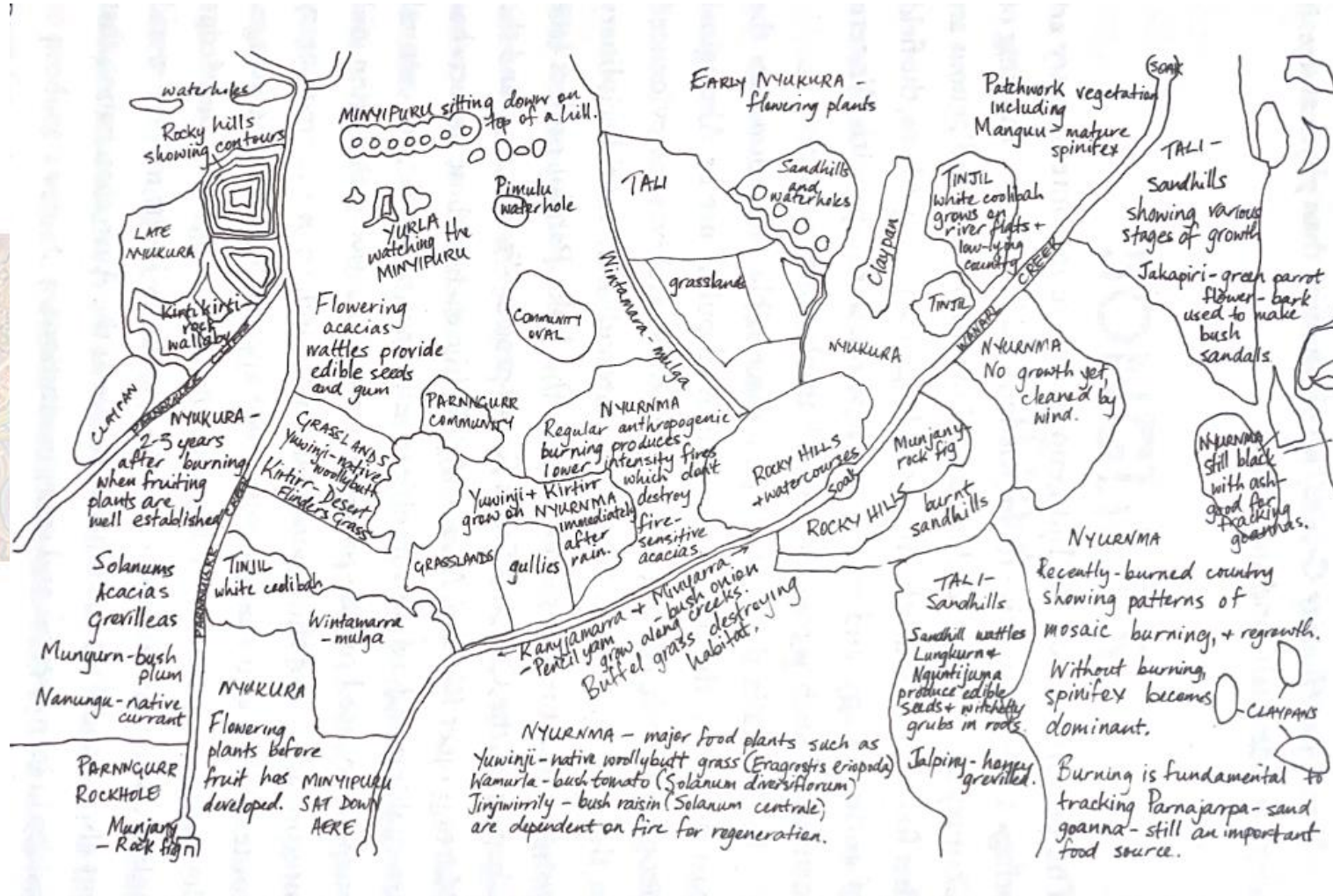
# The Occupational Therapist's perspective

## Knowing, doing, being

Yarrkalpa (Hunting Ground)  
Martumili Artists



Lana Draper







# The Clinical Psychologist's perspective



Debbie Haynes



## DSM-5-TR:

- Designed by non-Aboriginal people/clinicians
- No consultation by Aboriginal people
- Focuses on the problem/s
- SEWB focuses on strengths you already have



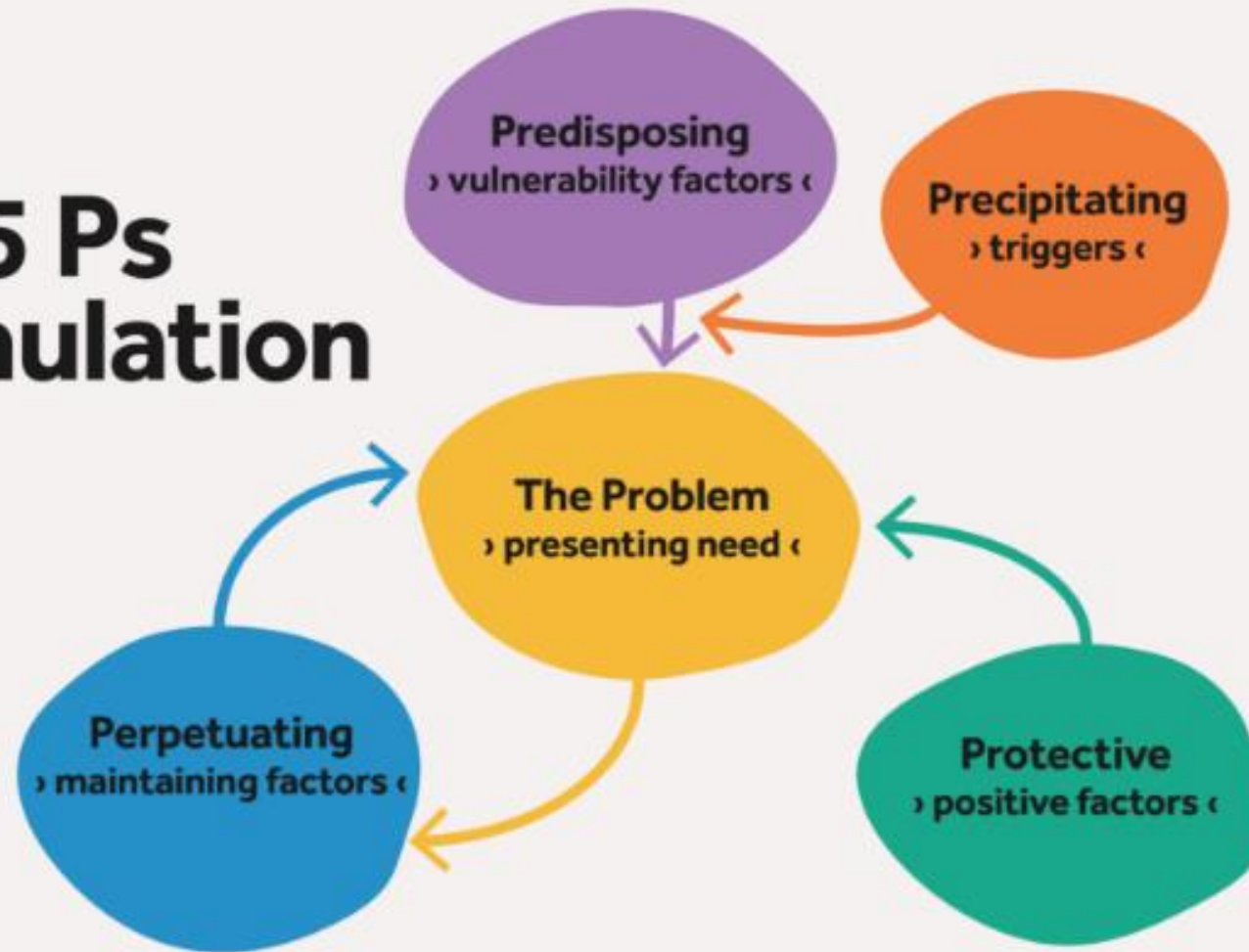


# The Clinical Psychologist's perspective



Debbie Haynes

## The 5 Ps Formulation



# The Clinical Psychologist's perspective



Debbie Haynes



SEWB Diagram adapted from Gee et al., (2014)

## Social and emotional wellbeing framework



# The Clinical Psychologist's perspective



Debbie Haynes

## Social and Emotional Wellbeing Formulation assessment, treatment plan and post assessment

### Body & behaviours

- Includes: cultural MSE age weight nutrition, illness, disability, diet, smoking, vaping, TBI, FASD, ADHD, child removal and survival behaviours; medications

### Mind & emotions

- More than MH. Includes: self-confidence, positive emotions, culture-bound disorders
- threats to safety, cultural trauma symptoms, racism; diagnosis

### Family and kinship

- Includes: family & group relations, kinship attachment, respect for Elders
- child removal from family

### Community

- Includes: social inclusion & relationships, cultural responsibility & obligation,
- Disruptions – lateral violence, family feuding, isolation

### Culture

- Includes: cultural expression, cultural knowledge, cultural identity celebrations and activities, languages, tik tok, sporting teams, contemporary culture – movies
- Child removal

### Country

- Includes: child removal, Connections to responsibilities to land and spirit beings, animals, weather, mountains, deep experience of belonging to Country, yearning to heal Country dispossession of land

### Ancestors

- Includes: knowledge and belief systems, the Dreaming, cultural healing practices
- Child removal

# The Clinical Psychologist's perspective



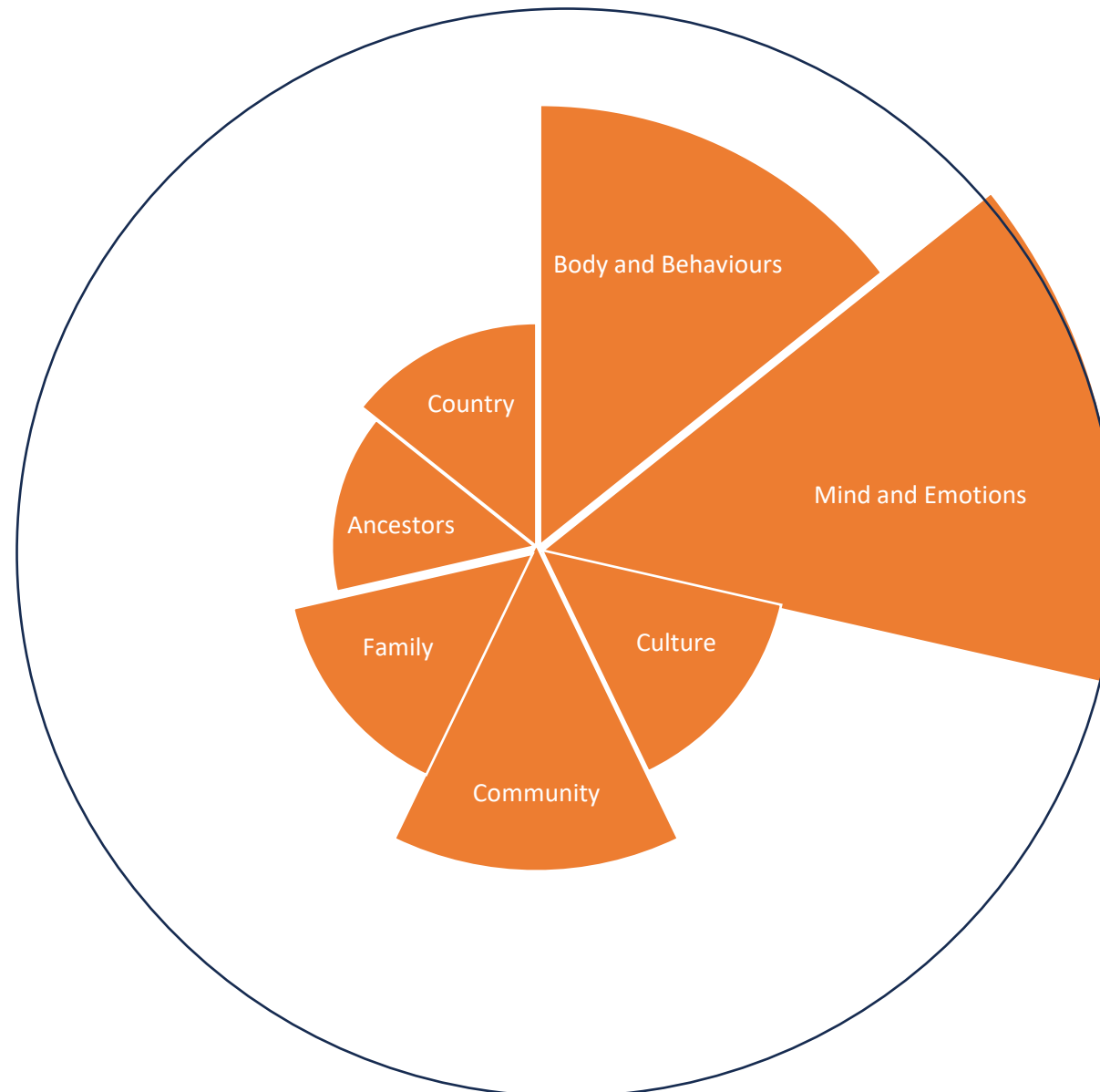
Debbie Haynes

## John – 8yrs old

Strengths:  
Mind and Emotions  
Body and Behaviours

Treatment Plan:

Collaborate with John  
And his supports to  
Strengthen all other areas





# The Clinical Psychologist's perspective

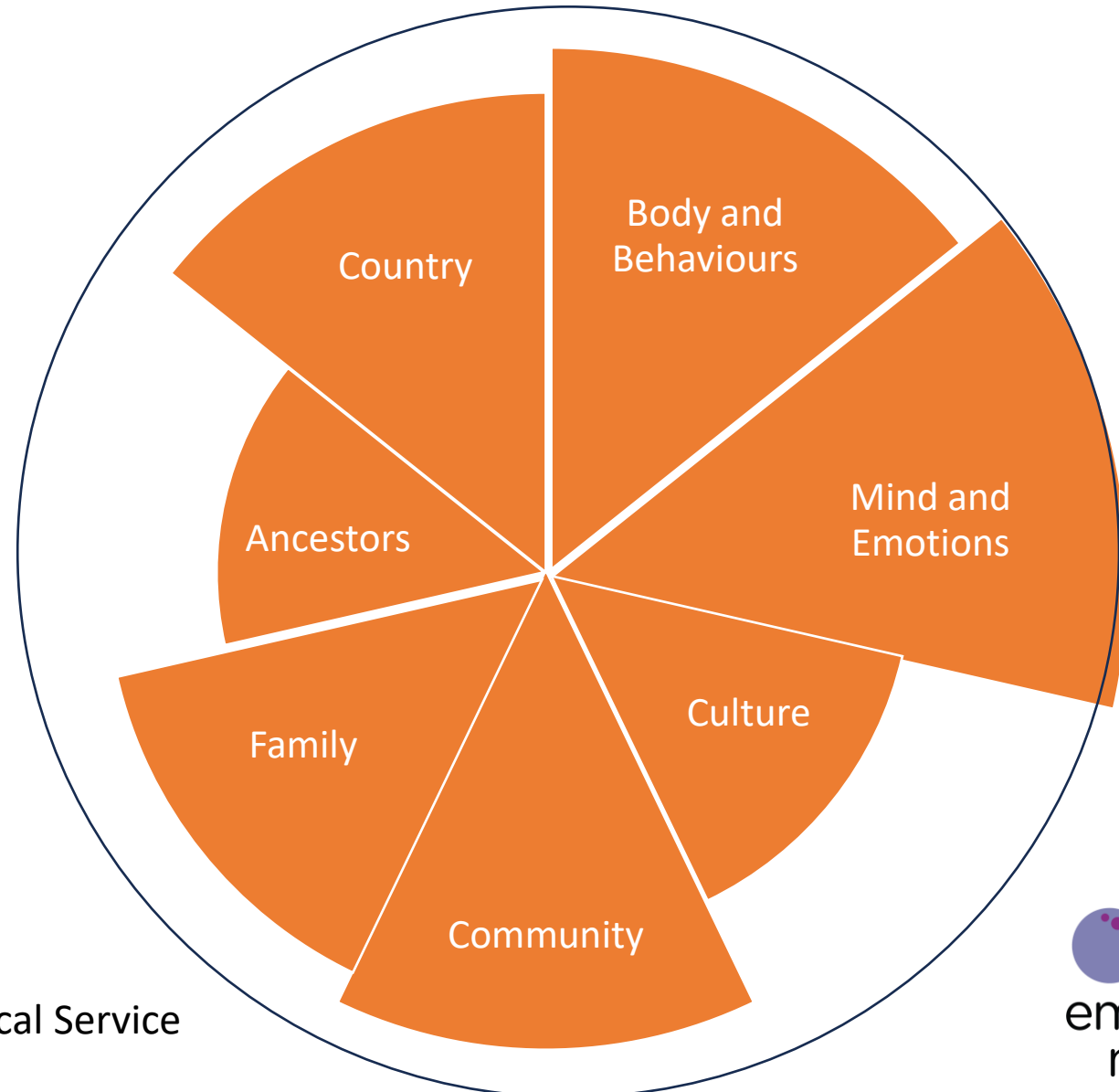


Debbie Haynes

## John – 8yrs old

### Post Intervention Assessment:

- Strengths across all areas
- Worked with CW to take John back to Country.
- He connected with family that CW did not know about.
- Strengthened connection to Culture, community and ancestors through found family.
- Connected to local Aboriginal Medical Service
- EMDR for Trauma



# Q&A Session



**Candice Butler**  
Child Protection, QLD



**Dan Mitchell**  
CEO Aboriginal Family  
Support Services, SA



**Lana Draper**  
Occupational Therapist,  
NSW



**Debbie Haynes**  
Clinical Psychologist  
Registrar, NSW



**Facilitator:**  
**Dana Shen**  
Aboriginal Cultural  
Consultant, SA



 Ask a Question

**Ask a question:** To ask the speakers a question, click on the three dots and then 'Ask a Question' in the lower right corner of your screen.



# Thank you for participating

- Please ensure you complete the feedback survey before you log out.
- Your Statement of Attendance will be emailed within one week.
- You will receive an email with a link to the recording and associated resources associated in the next few weeks.

Please share your valuable feedback by **clicking the banner above**

**OR**

**type : <https://bit.ly/ASTIOutOfHome> into your browser**

**OR**

**Scan the QR Code**



# Future Webinars

**Supporting the mental health of a neurodivergent person with co-occurring Autism and ADHD**

Wednesday 26 June at 7:15pm AEST

Please share your valuable feedback by **clicking the banner above**

**OR**

**type : <https://bit.ly/ASTIOutOfHome> into your browser**

**OR**

**Scan the QR Code**





# MHPN Networks

MHPN supports over 350 networks across the country where mental health practitioners meet either in person or online to discuss issues of local importance.

Visit [www.mhpn.org.au](http://www.mhpn.org.au) to join your local network, a number bring together practitioners with a shared interest in young people's mental health.

***Interested in starting a new network?*** Visit [www.mhpn.org.au](http://www.mhpn.org.au) to learn how MHPN will provide advice, administration and other support throughout the process.

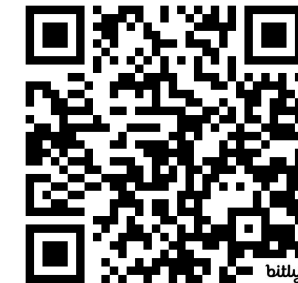
Please share your valuable feedback by **clicking the banner above**

**OR**

**type : <https://bit.ly/ASTIOutofHome> into your browser**

**OR**

**Scan the QR Code**



This webinar was co-produced by MHPN and Emerging Minds for the Emerging Minds: National Workforce Centre for Child Mental Health (NWCCMH) project.

The NWCCMH is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

**Please share your valuable feedback about the  
webinar by:**

**Clicking the banner above**

**OR**

**Scanning the QR Code**

