

PANELLISTS

The right time for return to work: Optimising work participation for patients/clients recovering from injury or illness



Nancy Abdelnour
Principal - Support,
Recovery & Systems at
Telstra, Vic

Nancy is a people focused, solutions-based senior leader with over 20 years' experience in workplace health management, rehabilitation, and workers' compensation industry. A psychologist and strategic leader, Nancy understands the interplay between people and performance, and is passionate about developing and implementing evidence-based best practice solutions to drive outstanding human and business outcomes.

As Principal of the Support, Recovery & Systems team, Nancy oversees all aspects of Telstra's Self Insurance licence obligations, Health Management and Early Intervention services, 3rd party providers, and the systems and tools that support the Safety, Rehab and Claims management systems, insights, and reporting.



Dr Mary Wyatt
Occupational Physician,
Vic

Mary is an occupational physician who is active in policy development and research through AFOEM and other organisations. Her interest is in getting research into practice. Decades of work in injury management has included running an early intervention case management approach across several medium to large employers. Prior to specialising in the 1990s Mary was a treating GP and after specialising a treating occupational physician. Other work has included IMEs, running RTWMatters.org (a non-profit seeking to share evidence-based practices that support better RTW), research on RTW for Safe Work Australia, teaching via Monash University, and various scheme reviews of return to work and claims management for policymakers. Mary is the lead Fellow in AFOEM / RACP's most recent Health Benefits of Good Work policy development – It pays to care: Bringing evidence-informed practice to work injury schemes helps workers and their workplaces. An imperative for change and call to action.



Dr Lori Shore
Psychologist, Vic

Lori is a Clinical Psychologist with Counselling and Organisational endorsement with AHPRA. Using a range of evidence-based treatments, Lori mostly works with clients who have gut and pelvic issues, continence and chronic pain. Together, they create possibilities for better mental and physical health.

Lori currently works as a Clinical Psychologist within Alfred Health spans continence, pain and osseointegration services. This is complemented by her role in the multi-disciplinary team at the Frances Perry Pelvic Pain Service. She also works in clinical consultancy to WorkSafe and TAC. Her previous public health experience includes the Alfred Health Functional Gut Clinic, St Vincent's Hospital (Melbourne) IBD clinic and Barwon Health Pain Management clinic.



**Facilitator:
Prof Steve Trumble**
General Practitioner, Vic

Based on Victoria's surf coast, Steve Trumble is a general practitioner and medical educator who is Professor of GP Curriculum and Workforce at Deakin Medical School, having previously been Head of Medical Education at Melbourne Medical School. He has held a variety of clinical and academic roles, including directing the RACGP Training Program, editing Australian Family Physician and The Clinical Teacher, and establishing a service for people with developmental disabilities at Monash Medical Centre.