

## PANELLISTS

# Understanding and addressing workplace burnout: Strategies for supporting patient/client wellbeing



**Assoc Prof Antonio Di Dio**  
General Practitioner, ACT

Antonio grew up in rural Italy and NSW before graduating from medicine at Sydney University. He has been a clinician for 35 years, including 20 years as a local Canberra GP, where he is still practicing. As the head of the Professional Services Review, an Australian Public Service agency under the Department of Health and Aged Care, he is a passionate advocate for APS values, workplace culture, and psychosocial safety. He organises mentorship programs and travels across APS agencies, delivering talks on culture and burnout.

Assoc Prof Di Dio is the Champion for the Public Sector Neurodiversity Community of Practice. He has been caring for doctors and their loved ones for over 30 years. He serves on numerous volunteer boards and committees to improve workplaces, and is currently on the Drs for Drs Board, chairs the executive for the National Leadership Alliance on Dr health, and is a Board member of NSW ACT Medical Benevolent Association since 2000. He has countless past and current other volunteer roles including state AMA presidency and educating practitioners at ANU. He was awarded the 2019 AMA Presidential medal for services to refugees and to doctors and their patients. He also has more hobbies than any sane person should.



**Facilitator:  
Prof Steve Trumble**  
General Practitioner, Vic

Based on Victoria's surf coast, Steve Trumble is a general practitioner and medical educator who is Professor of GP Curriculum and Workforce at Deakin Medical School, having previously been Head of Medical Education at Melbourne Medical School. He has held a variety of clinical and academic roles, including directing the RACGP Training Program, editing Australian Family Physician and The Clinical Teacher, and establishing a service for people with developmental disabilities at Monash Medical Centre.



**Suzanne Gibson**  
Psychologist, NSW

Suzanne is a Clinical Psychologist and founding director of The HeadSmart Group, an organisation dedicated to assisting both individuals and organisations through evidence-based psychological interventions. Prior to her current role, Suzanne worked in occupational rehabilitation for over 15 years, including over ten years in senior management roles for two national occupational rehabilitation providers. She now uses her combination of clinical expertise and her deep understanding of workplace challenges to assist return-to-work, human resource and health professionals to overcome challenges to good mental health at work.



**Erin Gooley**  
Head of Health, Safety and Wellbeing - Medibank, Vic

Erin is the Head of Health, Safety and Wellbeing at Medibank – a values-based organisation on a mission to create the best health and wellbeing for all Australians.

Over her 20 years of experience across a variety of high-risk industries and corporate environments, her focus has been on helping organisations embed purpose driven wellbeing programs that enhance health, improve team effectiveness and unlock productivity. Erin is passionate about supporting people in the moments that matter and creating a ripple effect beyond the workplace that enables people to feel good, be their best selves and thrive.