

Plan Your Activities Across the Year

Use the table below to sketch out your year of activities.
Consider pacing, variety, and opportunities for co-facilitation.

Meeting Date	Topic or Theme	Activity Format	Purpose / Intended Outcome	Member Contribution	Resources Needed

Consider the following questions:

1. What's the purpose of the activity?
(e.g., *Build trust, explore a theme, improve referral pathway*)
2. What's the topic or focus?
(e.g., *suicide risk, NDIS, interagency coordination, professional boundaries, neurodiversity*)
3. What format would work well?
(e.g., *roundtable, case discussion, resource review, role mapping*)
4. Who could be involved?
(e.g., *specific disciplines, a PHN contact, services in the area*)
5. What would make it engaging for members?
(e.g., *interactive elements, take-home tools, shared storytelling*)
6. What support or resources would you need?
(e.g., *facilitation help, template, tools from MHPN*)

Next steps: Once you've pencilled in your dates, share a copy with your MHPN Project Officer.

Any questions? Contact MHPN: 1800 209 031, networks@mhpn.org.au or visit www.mhpn.org.au

