

Webinar 47

Why identity matters: Skills to challenge unhelpful systems in practice with Aboriginal and Torres Strait Islander children and families

7:15 pm to 8:30 pm AEDT
Tuesday 17th March 2026

**Emerging
Minds.**

**National Workforce
Centre for Child
Mental Health**

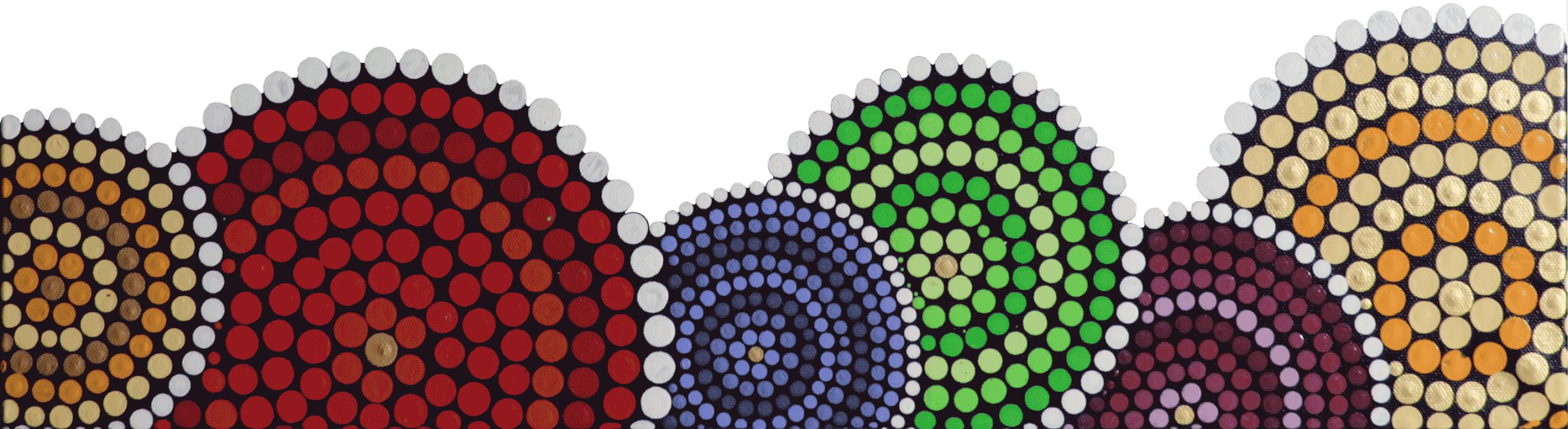


**Emerging
Minds** 

Acknowledgement

I would like to acknowledge the Traditional owners of country throughout Australia and recognise the continuing connection to lands, waters and communities.

I wish to pay respect to Elders past and present, and acknowledge the memories, traditions, cultures and hopes of Aboriginal and Torres Strait Islander people.



Learning outcomes

At the webinar's completion, participants will be able to:

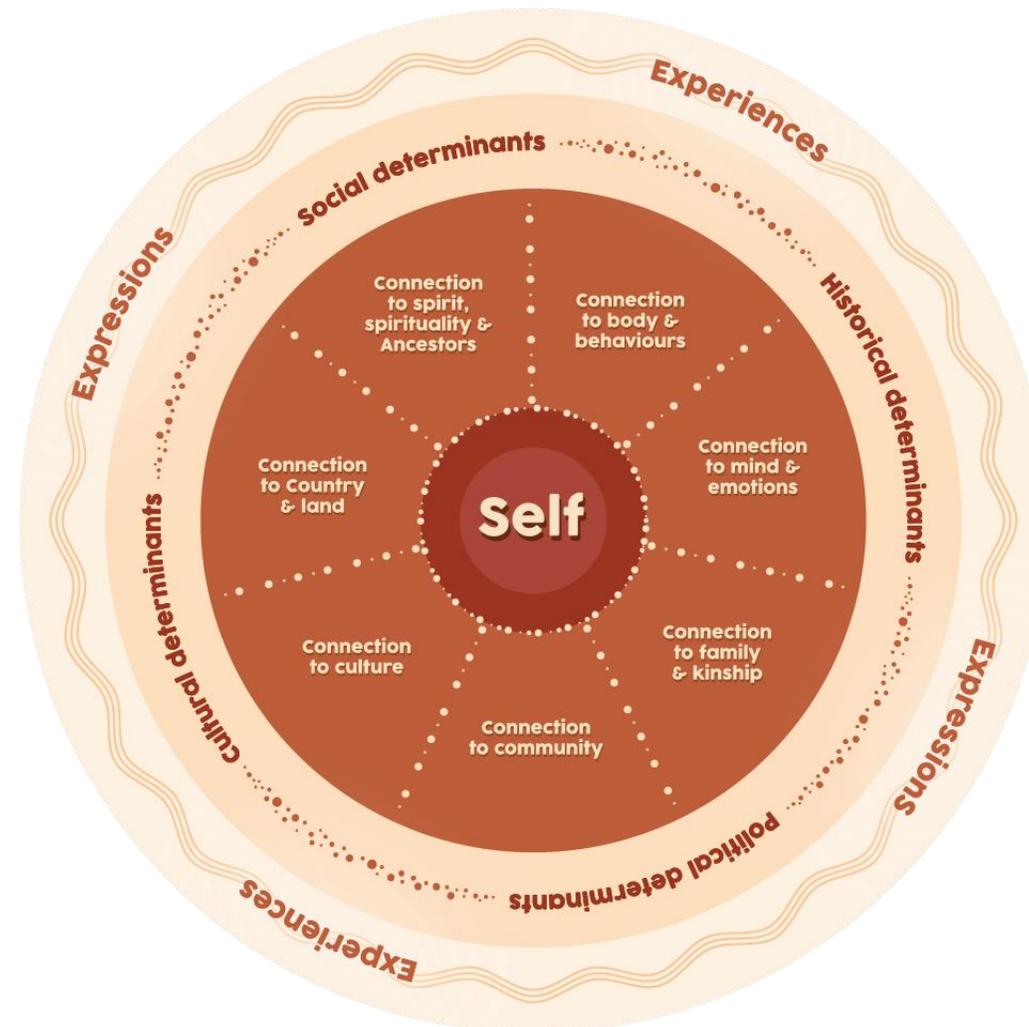
- Demonstrate understanding concepts of cultural identity and strength formation for Aboriginal and Torres Strait Islander children and families
- Identify how colonisation has impacted identity Aboriginal and Torres Strait Islander children and families
- Apply strategies to navigate unhelpful systems to support the Social and Emotional Well Being needs of Aboriginal and Torres Strait Islander children and families

Disclaimer

The content in this webinar is for educational purposes only and does not constitute medical advice.

If any content in tonight's webinar causes distress, please seek care with your GP, local mental health service or Lifeline 13 11 14.

The Social and Emotional Well Being (SEWB) Wheel



SEWB Diagram adapted from Gee et al., (2014)

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