



Eating Disorders in the Peripartum

eLearning Course on iLearn

This practical and comprehensive online course aims to equip maternity and mental health professionals in identifying, screening and supporting women who may be at risk of or are experiencing eating disorders during pregnancy or after birth.

Course Modules:

1. An Introduction to Eating Disorders
2. Impact of Eating Disorders During Pregnancy, Postpartum and Early Parenting
3. Screening and Assessment of Eating Disorders
4. Supporting, Monitoring and Managing Eating Disorders in Pregnancy
5. Summary of Supporting Pregnant People in the Peripartum

Details:

- Free
- Takes 2 to 3 hours to complete
- Evidence-based
- Complete at your own pace
- Digital certificate on completion

Click or scan to access iLearn:



<https://ilearn.health.qld.gov.au/d2l/login>

Click or scan to find out more about the research evaluation of the course:



<https://doi.org/10.1186/s40337-024-01105-w>



<https://doi.org/10.1186/s40337-025-01337-4>